FOX TELEPHONE CONTACT SHEET

Approximately two weeks prior to your departure, the Assistant Program Director will contact the attending lead chaperone to discuss details of your trip. Below is the list of information we will cover at that time. Please keep this in a convenient location so you can give or note any pertinent information.

**Group:** ___________________________  **Trip Dates:** ___________________________

**City, State:** ___________________________  **No. of years your school has attended CIMI:** ________

**Grade:** ___________________________  **No. of years you personally have attended CIMI:** ________

**Lead Chaperone:** ___________________________  **Telephone #:** ___________________________

Is this you? Y N

**NUMBERS**

Number of spaces written on contract: ________________  Non-refundable deposit paid: ________________

# Female students: _____ + # Male students: _______ + # Non-binary students: _______ = # Total students: _______

# Female chaps: _____ + # Male chaps: _______ + # Non-binary chaps: _______ = # Total chaperones: _______

Cabin/Villa Assignments (6 bunks = 12 beds total per cabin/villa): ___________________________

**ACTIVITY GROUP ASSIGNMENTS** (should be assigned and told to students prior to arrival)

# of Activity Groups: _____ (no more than 16 students per group; please divide students evenly into each group)

**BOAT TRANSPORTATION**

The Catalina Classic Cruises boat terminal is located at **1046 Queens Hwy, Long Beach, CA 90802.** Arrive at the terminal at least one hour prior to departure time.

**ARRIVAL DAY TO FOX**

- 8:30 - Check-in @ Queen Mary Catalina Terminal
- 9:00 - Board @ Queen Mary Catalina Terminal
- 9:30 - Departure
- 12:00 - 12:30 —Arrive Fox Landing

**DEPARTURE DAY FROM FOX**

- 12:30 - 1:30 —Depart Fox Landing
- 2:30 - 3:30 —Arrive Long Beach

**Times subject to change to weather or CIMI/ Boat discretion**

Assigned luggage color: ___________________________ Circle one: Bringing Lunch / Lunch on Arrival (LOA)

**CIMI STORE**

Pre-order? Y N  Paid in advance? Check #: ________________ Amount: $ ________________ (or bring check to camp) T-shirts - $15 / Hooded sweatshirts - $40

**IMPORTANT ITEMS TO BRING**

- Sack lunches (or order an LOA = $2.75/person)
- Plastic bag for wet items to travel home
- Warm clothing & rain gear
- Warm sleeping bag & pillow (no heat)
- Backpack/drawstring bag
- Water bottles, flashlights
- Sunscreen, sunglasses, hat
- Closed Toed Shoes
- Inhalers/EpiPens!
- Prescription medications!

**IMPORTANT DETAILS TO KNOW/REMEMBER**

- Leave all valuables at home (electronics, jewelry, etc.)
- Have you completed the Online Program Planner?
- Bring hard copies of the Student Health Forms with you – We will need to keep these. If you need your own copies, please bring duplicates with you)
- There is no cell phone service, but we have (slow) wireless internet available to chaperones. A phone is available in the First Aid Room for any necessary communications with parents and school administrators.

**ACTIVITIES**

Please confirm the selections that you made in the Online Program Planner:

- [ ] Orientation snorkel
- [ ] Oceanography/Plankton
- [ ] Night Snorkel
- [ ] Astronomy
- [ ] Basic snorkel
- [ ] Fish/Shark/Invert/Algae
- [ ] Marine Mammals
- [ ] Environmental Awareness
- [ ] Kayak
- [ ] Day Trip (6 Day)□
- [ ] Deep Sea
- [ ] Campfire (School Led)
- [ ] Hike
- [ ] High/Low Ropes
- [ ] Squid Dissection
- [ ] Discovering Sharks
- [ ] Rockwall/Hike/Low Ropes
MEAL INFORMATION
Due to the logistics of ordering food on the island, it is difficult for the chef to accommodate last-minute dietary needs or birthday "surprises" upon a school's arrival. Please assist us by obtaining the information below. The Student Health Forms should be consulted for food allergies. Please collect these at an early date so that you will have the appropriate information. If any information arises after you talk with the Assistant Program Director, please contact the Program Office. We can offer no assurance unless we have at least one week's advance notification. If a particular student's needs are relatively complex, have a parent call us.

- Vegetarian
- Gluten-free (GF)
- Dairy-free (DF)
- Vegan
- GF & Vegetarian
- DF & Vegetarian
- No pork
- GF & Vegan
- DF & GF
- No red meat
- Peanut allergy
- Shellfish allergy
- Tree nut allergy
- Citrus allergy
- Other allergies:

__ Birthdays – dates: ______________________________

Note:
Schools have always been satisfied with the quality and quantity of food from our kitchen. Please discourage extra snack foods as they usually go to waste or get eaten by the native fauna of our island. Saltines and anti-sea sickness foods, however, are a wise choice for the boat trip over and back.

MEDICAL INFORMATION
Please double-check to ensure students have all necessary prescriptions with them! We are located 30 minutes via BOAT from the nearest and only pharmacy.

If this is your first visit and you have any medical concerns about any of your students, please call the CIMI Program Office for assistance.

Student Health Forms – Please check the following:
- Parent signature
- All students with 'asthma' marked on their form must bring their inhalers
- All students with prescribed EpiPens must bring them to camp
- Asthmatics
- EpiPens – associated allergies: ______________________________
- Diabetics (may bring snacks; mini-fridge in First Aid Room for insulin)
- Wheelchairs
- Broken bones, crutches, etc.

Other: ________________________________________________

FINAL REVIEW
- Chaperones must be active participants in all activities, including snorkeling, kayaking, and hiking.
- Chaperones are responsible for students during meals and free time.
- Campfire activity is led by the group/school – we will light the fire and provide marshmallows.
- Remember to assign students to their cabins and activity groups prior to your arrival in camp. Students should know this information prior to arrival at camp to facilitate moving into their cabins and an easy start to afternoon activities.
- Students are discouraged from calling home (except for medical situations and family emergencies).
- Many students will get seasick on the boat crossing. Suggest fresh air, ginger ale and saltines, and that they sit still.

REMEMBER! ASTHMATIC STUDENTS WITH AN INHALER PRESCRIPTION WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT AN INHALER. YOU WILL BE RESPONSIBLE FOR COORDINATING WITH PARENTS, DOCTORS, AND PHARMACISTS TO GET INHALERS/ EPIPENS TO THE ISLAND. DO NOT FORGET TO DOUBLE CHECK – THIS CAN BE A LIFE & DEATH ISSUE!