

FOX TELEPHONE CONTACT SHEET

Approximately two weeks prior to your departure, the Assistant Program Director will contact the attending lead chaperone to discuss details of your trip. Below is the list of information we will cover at that time. Please keep this in a convenient location so you can give or note any pertinent information.

Group: _____ **Trip Dates:** _____
City, State: _____ **No. of years your school has attended CIMI:** _____
Grade: _____ **No. of years you personally have attended CIMI:** _____
Lead Chaperone: _____ **Telephone #:** _____

↳ Is this you? Y N

NUMBERS

Number of spaces written on contract: _____ Non-refundable deposit paid: _____

Female students: _____ + # Male students: _____ + # Non-binary students: _____ = # Total students: _____

Female chaps: _____ + # Male chaps: _____ + # Non-binary chaps: _____ = # Total chaperones: _____

Cabin/Villa Assignments (6 bunks = 12 beds total per cabin/villa): _____

ACTIVITY GROUP ASSIGNMENTS (should be assigned and told to students prior to arrival)

of Activity Groups: _____ (no more than 16 students per group; please divide students evenly into each group)

BOAT TRANSPORTATION

The Catalina Classic Cruises boat terminal is located at **1046 Queens Hwy, Long Beach, CA 90802**. Arrive at the terminal at least one hour prior to departure time.

| ARRIVAL DAY TO FOX | DEPARTURE DAY FROM FOX |
|---|---|
| <ul style="list-style-type: none"> ● 8: 30 - Check-in @ Queen Mary Catalina Terminal ● 9: 00 - Board @ Queen Mary Catalina Terminal ● 9: 30 - Departure ● 12: 00 - 12: 30 —Arrive Fox Landing | <ul style="list-style-type: none"> ● 12: 30 - 1: 30 —Depart Fox Landing ● 2: 30 - 3: 30 —Arrive Long Beach <p style="text-align: center;">**Boat duration is approximately 2 hours**</p> <p>(Times subject to change to weather or CIMI/ Boat discretion)</p> |

Assigned luggage color: _____ Circle one: Bringing Lunch / Lunch on Arrival (LOA)

CIMI STORE

Pre-order? Y N Paid in advance? Check #: _____ Amount: \$ _____ (or bring check to camp) T-shirts - \$15 / Hooded sweatshirts - \$40

IMPORTANT ITEMS TO BRING

- | | | |
|---|---|---|
| <ul style="list-style-type: none"> _ Sack lunches (or order an LOA = \$2.75/person) _ Plastic bag for wet items to travel home _ Warm clothing & rain gear _ Warm sleeping bag & pillow (no heat) | <ul style="list-style-type: none"> _ Backpack/drawstring bag _ Water bottles, flashlights _ Sunscreen, sunglasses, hat _ Prescription medications! | <ul style="list-style-type: none"> _ Closed Toed Shoes _ Inhalers/EpiPens! |
|---|---|---|

IMPORTANT DETAILS TO KNOW/REMEMBER

- _ Leave all valuables at home (electronics, jewelry, etc.)
- _ Have you completed the Online Program Planner?
- _ Bring hard copies of the Student Health Forms with you – We will need to keep these. If you need your own copies, please bring duplicates with you)
- _ There is no cell phone service, but we have (slow) wireless internet available to chaperones. A phone is available in the First Aid Room for any necessary communications with parents and school administrators.

ACTIVITIES

Please confirm the selections that you made in the Online Program Planner:

| | | | |
|--|--|---|--|
| <input type="checkbox"/> Orientation snorkel | <input type="checkbox"/> Oceanography/Plankton | <input type="checkbox"/> Night Snorkel | <input type="checkbox"/> Astronomy |
| <input type="checkbox"/> Basic snorkel | <input type="checkbox"/> Fish/Shark/Invert/Algae | <input type="checkbox"/> Marine Mammals | <input type="checkbox"/> Environmental Awareness |
| <input type="checkbox"/> Kayak | <input type="checkbox"/> Day Trip (5 Day) | <input type="checkbox"/> Deep Sea | <input type="checkbox"/> Campfire (School Led) |
| <input type="checkbox"/> Hike | <input type="checkbox"/> High/Low Ropes | <input type="checkbox"/> Squid Dissection | <input type="checkbox"/> Night Rockwall |
| <input type="checkbox"/> Rockwall/Hike/Low Ropes | | <input type="checkbox"/> Discovering Sharks | |

MEAL INFORMATION

Due to the logistics of ordering food on the island, it is difficult for the chef to accommodate last-minute dietary needs or birthday "surprises" upon a school's arrival. Please assist us by obtaining the information below. The Student Health Forms should be consulted for food allergies. Please collect these at an early date so that you will have the appropriate information. **If any information arises after you talk with the Assistant Program Director, please contact the Program Office. We can offer no assurance unless we have at least one week's advance notification. If a particular student's needs are relatively complex, have a parent call us.**

Vegetarian Gluten-free (GF) Dairy-free (DF)
 Vegan GF & Vegetarian DF & Vegetarian
 No pork GF & Vegan DF & GF
 No red meat

 Peanut allergy Shellfish allergy
 Tree nut allergy Citrus allergy
 Other allergies: _____

_____ Birthdays – dates: _____

Note:

Schools have always been satisfied with the quality and quantity of food from our kitchen. Please discourage extra snack foods as they usually go to waste or get eaten by the native fauna of our island. Saltines and anti-sea sickness foods, however, are a wise choice for the boat trip over and back.

MEDICAL INFORMATION

Please double-check to ensure students have all necessary prescriptions with them! We are located 30 minutes via **BOAT** from the nearest and only pharmacy.

If this is your first visit and you have any medical concerns about any of your students, please call the CIMI Program Office for assistance.

Student Health Forms – Please check the following:

Parent signature All students with 'asthma' marked on their form **must** bring their inhalers
 All students with prescribed EpiPens **must** bring them to camp
 Asthmatics
 EpiPens – associated allergies: _____
 Diabetics (may bring snacks; mini-fridge in First Aid Room for insulin)
 Wheelchairs
 Broken bones, crutches, etc.

Other: _____

FINAL REVIEW

- Chaperones must be active participants in **all activities**, including snorkeling, kayaking, and hiking.
- Chaperones are responsible for students during meals and free time.
- Campfire activity is led by the group/school – we will light the fire and provide marshmallows.
- Remember to assign students to their cabins and activity groups prior to your arrival in camp. Students should know this information prior to arrival at camp to facilitate moving into their cabins and an easy start to afternoon activities.
- Students are discouraged from calling home (except for medical situations and family emergencies)
- Many students will get seasick on the boat crossing. Suggest fresh air, ginger ale and saltines, and that they sit still.

REMEMBER! ASTHMATIC STUDENTS WITH AN INHALER PRESCRIPTION WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT AN INHALER. **YOU** WILL BE RESPONSIBLE FOR COORDINATING WITH PARENTS, DOCTORS, AND PHARMACISTS TO GET INHALERS/ EPIPENS TO THE ISLAND. DO NOT FORGET TO DOUBLE CHECK – THIS CAN BE A LIFE & DEATH ISSUE!