

1.3A 3-DAY PROGRAM PLANNER: Please complete and return!

Please complete the information below and return it to the CIMI Program Office. The earlier we have your planner information, the easier it will be to schedule your selected programs. The CIMI Program Office will contact you to confirm the final details of your program.

GROUP INFORMATION:

Group _____ From (City, State) _____
Program dates _____ Grade Level _____
Adult Leader _____ Will You be attending? _____
Phone Number WK: _____ Best times to call _____
Cell: _____
Fax: _____ Are you returning from a previous yr.? _____
Email: _____

- | | | | | |
|--|---|---|--|---|
| <input type="checkbox"/> Contracted number of spaces | <input type="checkbox"/> Number of students attending | <input type="checkbox"/> Number of boys attending | <input type="checkbox"/> Number of girls attending | <input type="checkbox"/> Number of chaperones attending |
|--|---|---|--|---|

PROGRAM INFORMATION:

For three-day programs please select FOUR daytime sessions and TWO evening programs. A complete description of each program can be found in section 3.0 of this syllabus.

DAYTIME PROGRAMS:

WATER ACTIVITIES:

- Orientation Snorkel - First snorkel - Emphasis on acclimating students to the ocean, wetsuits, and snorkel gear.
- Basic Snorkel - Second Snorkel - (First snorkel is a prerequisite for the basic snorkel). Emphasis on marine fish, invertebrate ID and ecosystems.
- Ocean Kayaking - A 3-hour introduction to the exciting world of kayaking. Students will learn the basics of paddling and take a coastal tour along Catalina's shoreline.

LABORATORIES:

- Fish/Shark - Invertebrates - Algae - A 3-hour introduction to the subjects of fish, invertebrates and the algae of Southern California through ID, classification and aquariums.
- Oceanography - Plankton - Tidepool - A 3-hour introduction to oceanography and plankton. Students will conduct oceanographic experiments from our float and utilize video microscopes to study plankton. Students will also explore the tidepools along the rocky shore of our cove.

HIKE & ROPES ACTIVITIES

- High & Low Ropes Initiatives* - A 3-hour class dedicated to building confidence and having fun. Our Giant's Swing is designed to challenge and empower students, while our low ropes initiatives develop leadership and teambuilding. *Mini hike can be substituted for Low Ropes
- Terrestrial Ecology Hike Options (please select only ONE)
 - Terrestrial Ecology Hike - An aggressive hike used to explore the island's ecosystems, its geological formation, history, as well as its flora and fauna. Incorporated into the hike are many games and activities used as learning tools.
 - Mini Ecology Hike/ Low Ropes Initiatives/ Climbing Wall - A shorter and modified aggressive hike to explore the vistas of Fox Landing. Combined with team building initiatives on the low ropes course, as well as the climbing wall, this is a good option for schools looking for student bonding.

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NIGHT PROGRAMS: (Please select TWO of the following activities)

- Astronomy - A look at constellations and planets, often accompanied by legends and stories from around the world.
- Squid Dissection - Class learns the external and internal anatomy of the squid via an organized group dissection (in teams of 2).
- Marine Mammals - Students are introduced to marine mammals, their adaptations and survival strategies in our marine mammal lab.
- Deep Sea Biology - A dynamic class that introduces students to the diverse, deep-sea ecosystem through the use of photos, activities, specimens and videos.
- Environmental Awareness - A program based around human impact on the oceans and strategies to reduce it. Class can be structured to group size and interest.
- Night Snorkel - (\$5.00 per student) Students must have successfully and confidently completed at least one daytime snorkel before participating in a night snorkel. Students use underwater lights to explore the nocturnal life of Fox Cove with CIMI Instructors.
- Campfire - (School Led) A campfire at our amphitheater or on our waterfront (for schools of 1-3 groups) is a great way for your group to bond at camp. *Marshmallows available upon request.*
- Discovering Sharks - Students spend a portion of the evening learning about sharks and dispelling common myths and end up at our shark touch tank.
- Night Rock Wall - Experience climbing wall at night with lights, music, and the stars.